

Spring 2024/Gwanwyn 2024



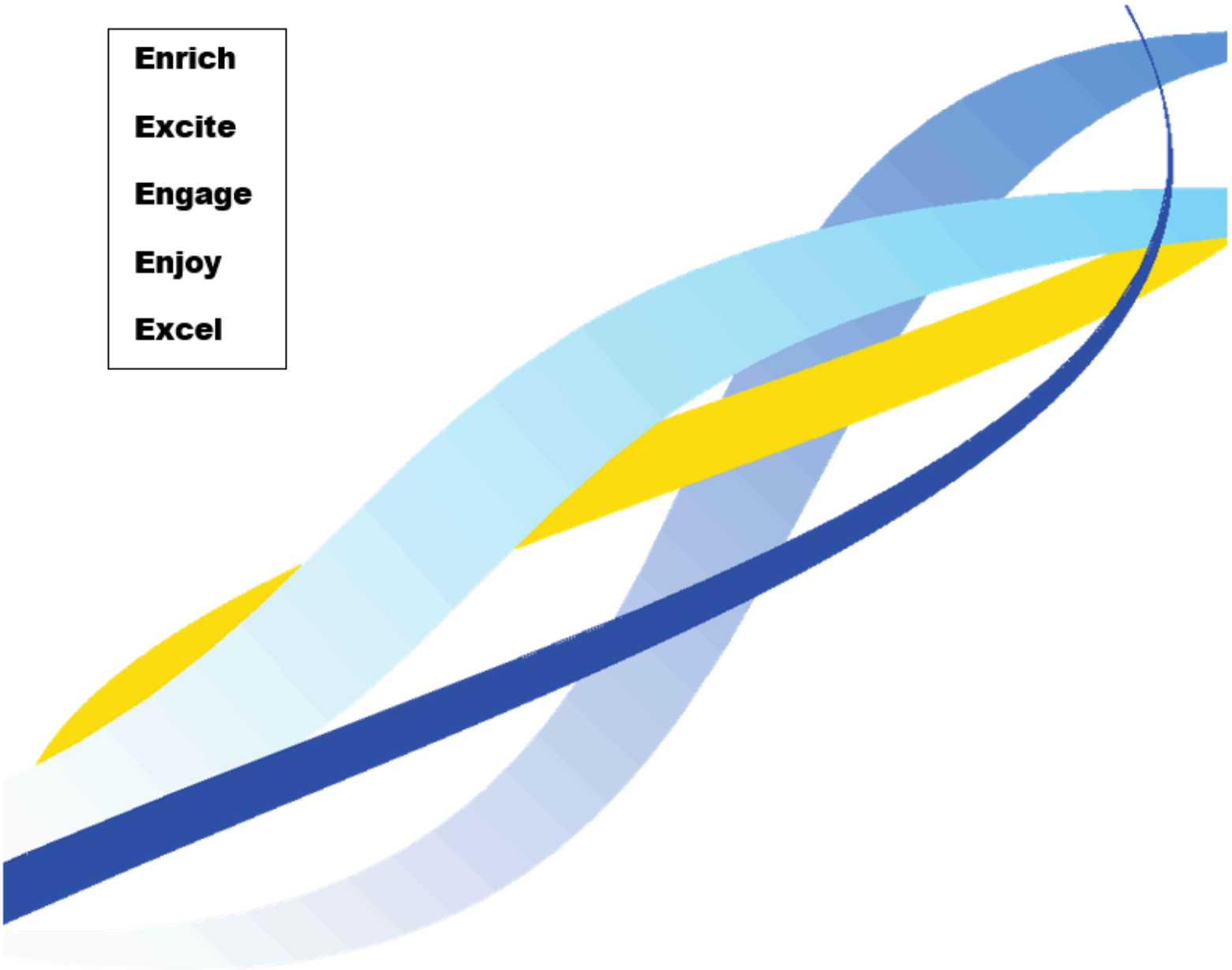
Enrich

Excite

Engage

Enjoy

Excel



Milford Haven School
Ysgol Gyfun Aberdaugleddau



Spring 2024/Gwanwyn 2024

Why should I do enrichment?

Attending enrichment will help you to improve your attainment.

You can get extra help in your subjects.

You can be stretched a bit more and face a new challenge in subjects that you are already enjoying and succeeding in.

You will learn new skills.

You will make new friends.

You can work with others outside of your year group.

Enrichment builds confidence.

You might discover a new talent.

You can try new things.

You could do something different every term.

You will get to work with different teachers and also interesting visitors.

You can take part in enrichment trips.

Enrichment will broaden your mind.

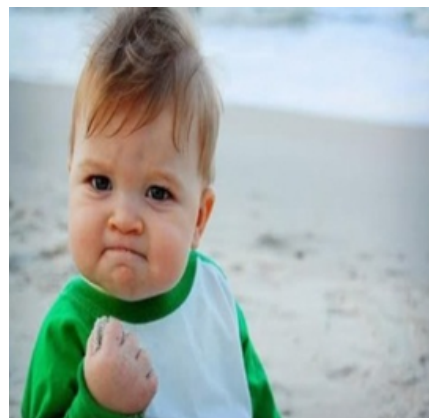
Enrichment gives you a wide range of skills that employers and universities will be impressed with.

Develop interpersonal skills.

Develop intrapersonal skills.

Broaden your horizons.

**“You don’t have to be
great to start,
but you have to start to be
great!!”**



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Break 1
11.25 - 11.55am

Break 2
1.45 - 2.15pm

SPRING TERM 2023/24 TYMOR YR HYDREF

MONDAY ENRICHMENT CYFOETHOGI DYDD LLUN				
ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
BREAK 1/EGWYL1				
Indoor Football	Year 7-8 Weeks 1&2	AYP	11.25-11.55	Gym
Break 2/EGWYL2				
<u>The Adventurer's Guild</u> - Magic: The Gathering Trading Card Game	All Years	JF	13:45 - 14.15	H12
Hockey	7&8	LG	13.45-14.15	AstroTurf
Spanish Club	7 & 8	ASB	13.45-14.15	
AFTER SCHOOL/ AR ÔL YR YSGOL				
MHS DigiMag	All years	BB	3.20pm to 4.20pm	L7
Hockey	AMSTERDAM training	LG	3.15-4.00	ASTRO
School band	All years (instrumentalists)	GSS/SJ	3.15-4.00	Steynton hall
Maths/Numeracy support	KS3/4	AS	3.10-4.10	MO
<u>The Adventurer's Guild</u> - Tabletop Gaming	All years	PJM	3.15-4.30	H12



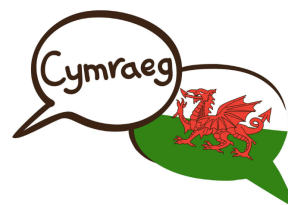
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Break 1
11.25 - 11.55am

Break 2
1.45 - 2.15pm

TUESDAY ENRICHMENT CYFOETHOGI DYDD MAWRTH

ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
BREAK 1/ EGWYL 1				
Football	Year 7 & 8 Boys & Girls	CB	11:25 - 11:55	AstroTurf
BSL P.S 1	Year 7 & 8 Bay pupils only	SA	11:25-11:55	The Bay
BREAK 2/ EGWYL 2				
Ukulele Group	All years	SJ	1.15-1.45 Week 1 only	G4
'Learn to play'	All years		1.15-1.45 Week 2 only	
Clwb Cymraeg	Years 7-11	KK	13.45-14.15	Neuadd Steynton Hall
History Catch Up session	Years 9-11	VJ	13.45-14.15	H3
AFTER SCHOOL/ AR ÔL YR YSGOL				
Maths/Numeracy support	KS3/4	AS	3.10-4.10	MO
Music GCSE	Open to all GCSE music pupils	GSS	3.10-4.10	Music room



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Break 1
11.25 - 11.55am

Break 2
1.45 - 2.15pm



WEDNESDAY ENRICHMENT CYFOETHOGI DYDD MERCHER

ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
BREAK 1/EGWYL1				
BasketBall	7-8 Boys and Girls weeks 1&2	AYP	11:25 - 11:55am	Sports Hall
DofE Boccia Club	Y9-11 Bay	EC	11:25 - 11:55am	G8
Football	Y7 & 8 Boys	CB	11:25 - 11:55am	AstroTurf
BREAK 2/ EGWYL 2				
Boys Basketball (with Richard Rees from Tritons Basketball)	Years 9, 10 & 11 SWeeks 1&2	AYP	1:45- 2:15pm	Sports Hall
Fitness Room	All	JML	1:45 - 2:15pm	H1
Chess Club	Years 7-11	CEP	1.45-2.15pm	H11
<u>The Adventurer's Guild: D&D</u> Companion - Scenarios, model painting, DM training etc.	All Years	PJM	1.45-2.15pm	L7
Wednesday Wellness Reading Club	Year 7	JS	1.45-2.15pm	Library
AFTER SCHOOL/ AR ÔL YR YSGOL				
<u>The Adventurer's Guild - D&D</u>	All Years	PJM	3.15 - 4.30 pm	H12
Drama Club	Years 7-11	SJ/BM	3:10-5:00	G3 - Drama Studio / Steynton Hall
Maths/Numeracy support	KS3/4	AS	3.10-4.10	M0



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Welsh Oracy drop-in	Blwyddyn 10 Blwyddyn 11	CR/KS/KK	3.15-4.00	L1/L3/L4
School Fixtures				

	Break 1 11.25-		11.55am
	Break 2 1.45 -		2.15pm

THURSDAY ENRICHMENT CYFOETHOGI DYDD IAU				
ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
BREAK 2/ EGWYL 2				
Pop choir	Year 7 and 8	SJ	1.45-2.15	G4
Dance	All year groups	LG	1.45-2.15	Gym
History Buffs	All	VJ	1.45-2.15	H3
AFTER SCHOOL/ AR ÔL YR YSGOL				
School Fixtures				
Maths/Numeracy support	KS3/4	AS	3.10-4.10	M0
The Adventurer's Guild: Magic: The Gathering Trading Card Game	All Years	JF	13.15-4.30	H12



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Break 1
10.55 - 11.25am

Break 2
1.15 - 1.35pm

FRIDAY ENRICHMENT CYFOETHOGI DYDD GWENER				
ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
BREAK 1/EGWYL1				
MHS {Coders};	7-11	AP	10:55-11:25	H10
WELLBEING FRIDAYS 1.40-3.00pm				
AFTER SCHOOL/ AR ÔL YR YSGOL				
The Adventurer's Guild: Freeplay Friday - MtG; D&D; Tabletop Gaming	All Years	JF & PJM	1:15 - 3:00pm Week 1	H12

Fun Five a Side football An opportunity to practise your skills, have fun and get fit!	7 - 10	<u>Week 1</u> Mr Charlesworth Mrs Lewis <u>Week 2</u> Miss Youell Mrs O'Leary	2:00 - 3:00	Astro Sports Hall
Welcome to Tabletop! During your time here we will be playing a number of different games and activities together. This could be board games like Monopoly, Cluedo and card games	7 - 10	<u>Week 1</u> Mrs Walter Jones Mrs Sanders Swales <u>Week 2</u> Miss Davies	2:00-3:00	Library
Art Workshop Do you enjoy creativity? If you enjoy	7 - 10	<u>Week 1</u> Mrs Thomas	2:00-3:00	Art



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the world of paints, pastels, pencils and a plethora of other materials, then this is the session for you!		Mrs Conway <u>Week 2</u> Mrs Littlehales Mrs Morrel		
MHS Young Carers	Invited Young Carers only	<u>Week 1 & 2</u> Mrs A Sanderson Mrs A Griffiths		

Registration link : <https://forms.gle/hpwHgN3zBkZpobju7>

As you can see from our activity list, numbers are limited and places will be allocated on a first come, first served basis. Once signed up, parents will receive a confirmation email or a message to say the application has been successful. Assume that you have a place unless you are contacted by the school. If an activity does not appear on the form, this means that all places have been taken for this half term. Each half term the registers will refresh and parents can sign up for something else. If pupils would like to continue with the same activity, they may. However, if the activity is oversubscribed, parents and pupils may be asked to choose something else.

What commitment am I making by signing up?

Signing up means that pupils are committed to attend the chosen activity for the full half term. For example, if they have chosen an Art activity, they must attend Art each Friday during that half term. Pupils are not permitted to swap activities without seeking permission from Mr Berry/Miss Reynolds. Pupils that select activities taking place on week 2 only have the opportunity to select another activity during week 1 if they wish.

We have a duty of care to make sure everyone is safe and accounted for at school. As a result, a weekly register will be taken by the providers. If pupils cannot attend a session, the usual attendance procedures apply. This way, we will know where pupils are and that they are safe if they have not attended the planned activity. Parents will need to make their own arrangements for pupils to be collected at 3:00 p.m.

The above activities need to be signed up for by your parents/carers, as this is an additional service we are offering as a school.



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