

# Summer 2023/Haf 2023



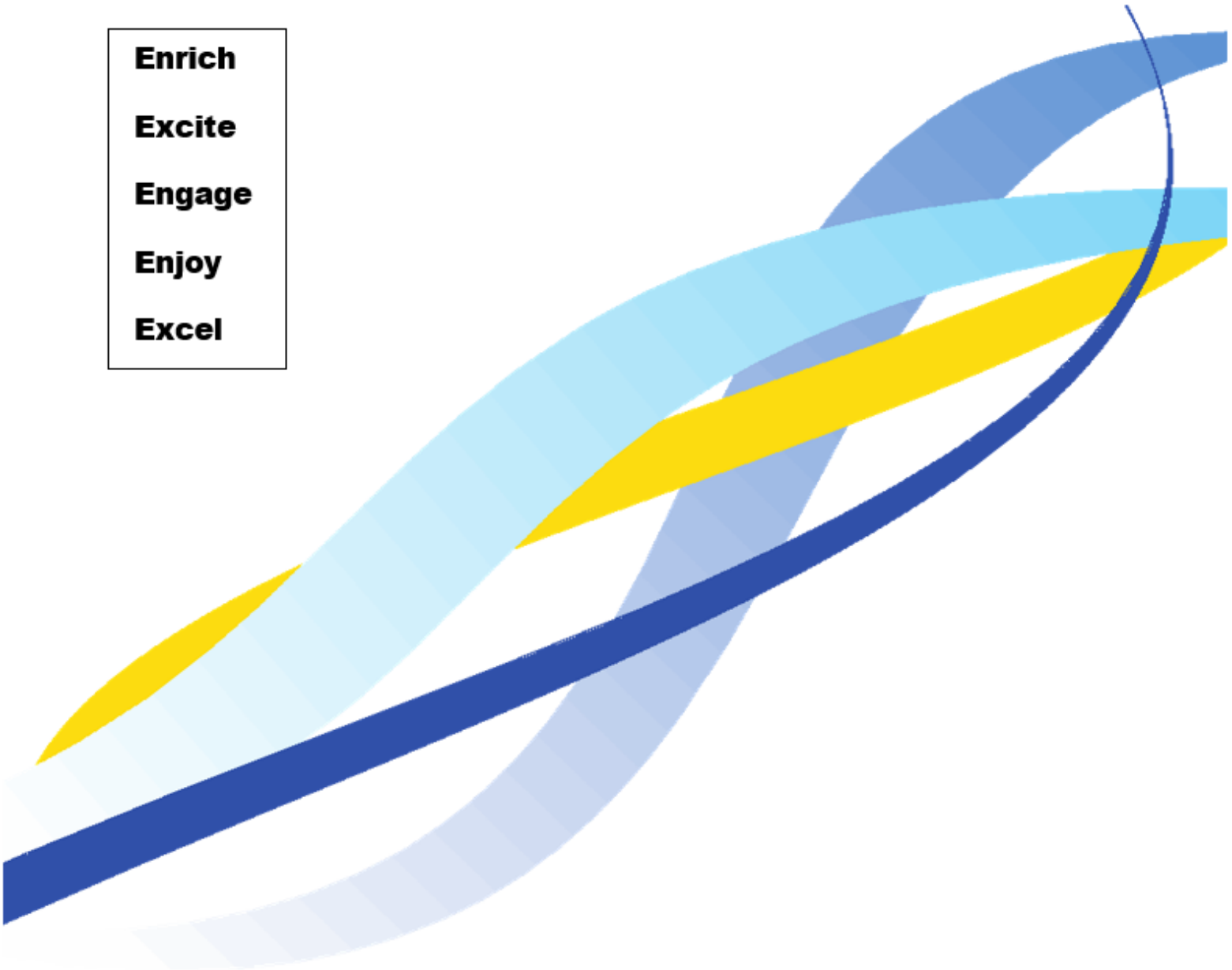
**Enrich**

**Excite**

**Engage**

**Enjoy**

**Excel**



**Milford Haven School**  
Ysgol Gyfun Aberdaugleddau



## Summer 2023/Haf 2023

# Why should I do enrichment?

**Attending enrichment will help you to improve your attainment.**

You can get extra help in your subjects.

**You can be stretched a bit more and face a new challenge in subjects that you are already enjoying and succeeding in.**

You will learn new skills.

**You will make new friends.**

You can work with others outside of your year group.

**Enrichment builds confidence.**

You might discover a new talent.

**You can try new things.**

You could do something different every term.

**You will get to work with different teachers and also interesting visitors.**

You can take part in enrichment trips.

**Enrichment will broaden your mind.**

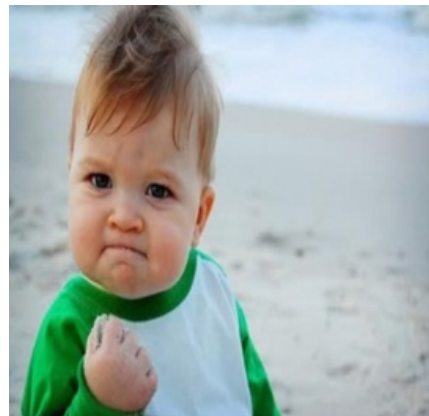
Enrichment gives you a wide range of skills that employers and universities will be impressed with.

**Develop interpersonal skills.**

Develop intrapersonal skills.

**Broaden your horizons.**

**“You don’t have to be  
great to start,  
but you have to start to be  
great!!”**



# Summer 2023/Haf 2023

Break 1  
11.10 - 11.40am

Break 2  
1.40 - 2.10pm

## SUMMER TERM 2022/23 TYMOR YR Haf

MONDAY ENRICHMENT CYFOETHOGI DYDD LLUN				
ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
<b>BREAK 1/EGWYL1</b>				
Girls Cricket	Years 7-8	JL AYP	11.10-11.40	TBC
Film Club	Years 7-11	ACR	11.10-11.40	L9
<b>BREAK 2/EGWYL2</b>				
The Adventurer's Guild - Magic: The Gathering Trading Card Game	All Years	JF	13:40 - 14.10	L16
Girls cricket	years 9-11	AYP	13.40-14.10	TBC
Film Club	Years 7-11	ACR	13.40-14.10	L9
Hockey	KS3 girls and boys	LG	13.40-14.10	AstroTurf
KS4 Debate Club	Year 9, 10 and 11	RH	13.40-14.10	L10
<b>AFTER SCHOOL/ AR ÔL YR YSGOL</b>				
MHS DigiMag	All years	BB	3.20pm to 4.20pm	L7
Cricket	All years	CB	15:15 - 16:00	Astro
Rounders	All Years	LG,PS and EC	3.15-4.00	ASTRO
School band	All years (instrumentalists)	GSS/SJ	3.15-4.00	Steynton hall
Independent Study	Years 7-11	DT AK	3.15-4.00	Library
The Adventurer's Guild - Tabletop Gaming	All Years	PJM	3.15-4.15	L16



# Summer 2023/Haf 2023

Break 1  
11.10 - 11.40am

Break 2  
1.40 - 2.10pm

## TUESDAY ENRICHMENT CYFOETHOGI DYDD MAWRTH

ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
<b>BREAK 2/ EGWYL 2</b>				
Ukulele Group	Year 7-8	SJ	1.10-1.40 Week 1 only	G4
'Learn to play'	Year 10+11		1.10-1.40 Week 2 only	
<u>The Adventurer's Guild: D&amp;D Companion</u>	All Years	PJM	13.40-14.10	L16
<b>AFTER SCHOOL/ AR ÔL YR YSGOL</b>				
Girls Rugby	Years 7-11	JL AYP/ EC	3.15-4.15	Hall/Rugby Pitch
Music GCSE	Open to all GCSE music pupils	GSS	3.10-16.10	Music room



# Summer 2023/Haf 2023

Break 1  
11.10 - 11.40am

Break 2  
1.40 - 2.10pm

## WEDNESDAY ENRICHMENT CYFOETHOGI DYDD MERCHER

ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
<b>BREAK 1/EGWYL1</b>				
BasketBall	7-8 Boys and Girls weeks 1&2	JL (AYP)	11:10 - 11:40am	Sports Hall/Outside
<b>BREAK 2/ EGWYL 2</b>				
Boys Basketball (with Richard Rees from Tritons Basketball)	Years 9, 10 & 11S Weeks 1&2	JL (AYP)	1:40- 2:10pm	Sports Hall/Outside
Fitness Room	All	JML	1:40 - 2:10pm	H1
DofE Boccia Club	Y9 and Y10 Bay	EC	1.40 - 2.10pm	S5
Biology Club	10	SN	1.40-2.10pm	S2
<b>AFTER SCHOOL/ AR ÔL YR YSGOL</b>				
The Adventurer's Guild - D&D	All Years	PJM	3.20pm to 4.30pm	L16
Independent Study	Years 7-11	DT AK	3.15-4.00	Library
Athletics	All Years	All PE staff	15:10 - 16:00	AstroTurf
<b>School Fixtures</b>				



# Summer 2023/Haf 2023

Break 1  
11.10 - 11.40am

Break 2  
1.40 - 2.10pm

## THURSDAY ENRICHMENT CYFOETHOGI DYDD IAU

ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
<b>BREAK 1/EGWYL1</b>				
Biology Club	Year 11	SN	10:40-11:10	S2
Physics Club	Year 10	EH	10:40-11:10	S3
<b>BREAK 2/ EGWYL 2</b>				
Pop choir	Year 7 and 8	SJ	1.40-2.10	G4
Design Drawing Club	8-10	SO	1.40-2.10	D11
<b>AFTER SCHOOL/ AR ÔL YR YSGOL</b>				
<b>School Fixtures</b>				
RollerBlading Club	Years 7-11	JL AYP	3.15-4.30	Sports hall
Independent Study	Years 7-11	DT,AK	3.15-4.00	Library
The Adventurer's Guild: Magic: The Gathering Trading Card Game	All Years	JF	3.10-4.30	L16



# Summer 2023/Haf 2023

Break 1  
11.10 - 11.40am

Break 2  
1.40 - 2.10pm

FRIDAY ENRICHMENT CYFOETHOGI DYDD GWENER				
ACTIVITY GWEITHGAREDD	YEAR BLWYDDYN	STAFF STAFF	TIME AMSER	VENUE LLEOLIAD
<b>BREAK 1/EGWYL1</b>				
Piano Group	All years	SJ	10.15-10.45 WEEK 1	G4
Football - Week 1 & 2	7-11	JL (AYP)	10.15-10.45	Astro / sports hall
Duke of Edinburgh's Award	10	KAD	10.15-10.45	H12
<b>WELLBEING FRIDAYS 1.40-3.10pm</b>				
<b>AFTER SCHOOL/ AR ÔL YR YSGOL</b>				
Volleyball/Badminton	7-11	JL AYP	1:15 - 3:00pm	Sports Hall/ Gym Hall
Independent Study	7-11	DT ,AK	2:00 - 3:00pm	Library
The Adventurer's Guild: Magic: The Gathering Trading Card Game Tournament.	All Years	JF & PJM	1:15 - 3:00 (Events posted on the AG guild <a href="#">website</a> )	L16

Fun Five a Side football An opportunity to practise your skills, have fun and get fit!	7 - 10	<u>Week 1</u> Sam Celtel Gavan Charlesworth <u>Week 2</u> Sam Celtel Gavan Charlesworth	2:00 - 3:00	Astro Sports Hall
Welcome to Tabletop! During your time here we will be  playing a number of Monopoly and Cluedo, card games different games and activities together. This could be board games like	7 - 10	<u>Week 1</u> Mrs Walter Jones Miss Robst  <u>Week 2</u> Mrs Taylor Miss Davies	2:00-3:00	Library
Art Workshop	7 - 10	<u>Week 1</u>	2:00-3:00	Art



# Summer 2023/Haf 2023

Do you enjoy creativity? If you enjoy the world of paints, pastels, pencils and a plethora of other materials, then this is the session for you!		Mrs Thomas Mrs Conway  <u>Week 2</u> Mrs Littlehales Mrs Morrel		
Young Carers	Young Carers	<u>Week 1 &amp; 2</u> Mrs Sanderson  Mrs Knarston  Mrs A Griffiths		Hall

The above activities need to be signed up for by your parents/carers, as this is an additional service we are offering as a school. Miss Reynolds has shared a Google Form to allow you to enjoy these activities on a Friday afternoon.

