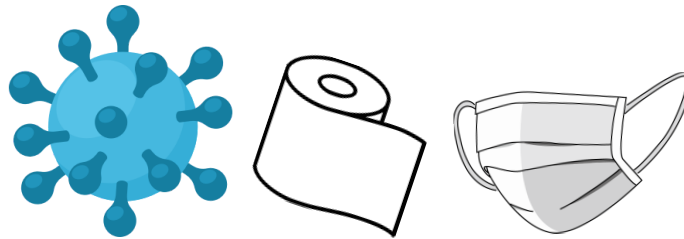


MY 2020 COVID-19 TIME CAPSULE



Memories of My Life During the Pandemic

Note to Self...

Open and read *My Time Capsule* on: __/__/__

"Sometimes it's the journey that teaches you a lot about your destination." - Drake



Why Fill Up This Capsule?

Dear You,

You probably think you're going to remember everything about this great big COVID-19 Pandemic thing down the road, like how you got out of that dreaded class research paper or who you texted the most during the first few days of 'stay at home' or 'lockdown,' but you *might* not.

That's why I've created this Time Capsule for you to scribble down your memories from this wild time in history. If you don't like writing, no worries. Grab your phone camera and make a video of your answers.

Spend a few minutes or as much time as you want on these pages. My future self almost guarantees that these few minutes of distraction and entertainment will bring you big smiles, laughter, and maybe a tear or two, in the years to come as you replay the details of your life in the time of COVID-19. After you've completed the Time Capsule, seal it up and tuck it away in a safe spot (or go ahead and bury it!) to read on a future date.

Stay happy and healthy,

Julie from

Wanderschool.com

@wanderschooling



About Me.

Name: _____

Age: _____

Grade/Job: _____

Where: _____

Where I live:

Who lives with me:

My pet(s): _____

The things/goals/projects I'm working on now...

If I could go anywhere or do anything right now,
I'd...

"Even if I knew that tomorrow the world would go to pieces, I would still plant my apple tree." -Martin Luther



It Went Something Like This...

When I first learned about Coronavirus/
COVID-19/Social Distancing/Stay at Home, I...

The first noticeable change in my life was...

The first thing that made 'living in a time of
pandemic' feel *really* real...



How I Spend My Days

I typically wake up at... -----

Pre-Covid-19 I woke up at... -----

The first person I text (or first thing I do) in the morning...

My favorite social network: -----

I currently have ____ followers.

My favorite gaming console/game:

My favorite songs:

My favorite website: -----

My favorite Netflix/Amazon/Hulu/TV Show(s):

My general outlook on life right now in 3 words:

Things I do to stay busy...



My favorite day at home ...

My toughest day at home ...

Holidays/events/important days
celebrated at home...

The first thing I want to do when life starts
to look and feel a bit more normal...



Photos of Me and My Life...

Me...

My favorite stay home
outfit (or socks):



Where I spend most of my
time hanging out:



On My Mind...

What I'm missing the most...

Who I'm missing the most...

Who I'm leaning on the most...

The event/plan/activity I was looking forward to the most (and what happened to it)...

The # of toilet paper rolls I currently have: ___

"Sometimes you will never know the value of a moment until it becomes a memory." – Dr. Seuss



What's happening in my community (or State or Country)...

What places/stores/services are open? What's not?...

The best advice, positive outlook, or thing someone has said to me about this situation...

The worst thing I've heard about this situation...

I've made or have a face mask... __ yes __ no



What freaks me out the most right now...

What gives me the most hope right now...

Where I think I'll be or what I'll be doing in...

1 Month

1 Year

How I think this experience will change my life
and the world...

How I feel right now...



Letter to My Pre-COVID-19 Self:

Today's Date: __/__/__

Dear _____,

_____,

"If everything was perfect, you would never learn and you would never grow." - Beyoncé



Letter to My Future Self:

Today's Date: __/__/__

Dear _____,

_____,

