







Name: _____

Date: _____

Year 7 Food takeaway menu

Pick a task from the menu below. The chilli rating is the level of difficulty. Over the rotation you should have tried at least one of the 'flaming hot' options.

Learning styles...	Knowledge  Mild	Understanding  Mild	Applying  Medium	Analysing  * Medium	Creating  Flaming hot	Evaluating  Flaming hot
Verbal I enjoy reading, writing and speaking.	Explain in your own words what food poisoning is	State at least four types of food poisoning bacteria and give a reason for each. E.g. Salmonella	Plan a menu for a Child for a day. Explain how it will meet healthy eating guidelines.	Design a questionnaire to find out what Children are eating/not eating. What conclusions can draw?	Prepare a list of criteria that food manufacturers should follow when making healthy meals for children.	Interview your parents or parents of small children and evaluate their eating habits. What is your opinion of their diets? What changes would you recommend? What are the pros and cons of their diet?
Visual I enjoy painting, drawing and visualising.	Create a poster summarising good food hygiene. . i.e. ways to be hygienic in the preparation and storage of food.	Produce a mood board of pictures of popular family recipes that could help encourage a fussy child to eat. Label to explain your reasons.	Produce a mood board to explain to a primary school child what portion sizes look like for a range of five a day fruit and vegetables.	Construct a graph to show the differences in portion sizes between adults and children. . <i>Need help? Look at recommended calorie intakes.</i>	Research an unhealthy but popular children's food on the Tesco website. Create a traffic light nutritional label for it. How does it compare to the nutritional labelling on the packaging. <i>Need help? have a look at http://www.waitrose.com/home/inspiration/health_and_nutrition/nutrition_advice_and_healthy_eating/labelling.html</i>	Supermarket children's meals can be healthier than normal adult varieties e.g. childrens lasagne healthier than adult lasagne. What information would you use to agree/disagree with this view? Produce a thought chart to show your information.
Kinaesthetic I enjoy doing hands on activities.	Create an infograph based on feeding a fussy eater.	Produce a PowerPoint which describes how to help a fussy eater	Design an animation or movie that summarises key points about feeding a fussy eater	Analyse the effect of children eating an unhealthy eating on the body. Create a diagram of the body to show your findings.	Create a challenging quiz of 10-20 questions that you can use with the class on food poisoning	Evaluate the impact of government spending on free school breakfast . Choose your own way of presenting your information.
Intrapersonal I enjoy working by myself.	Collect facts about the importance of eating breakfast.	What is the difference between a food borne bacteria and a food poisoning bacteria? Respond to it in any way you want. e.g. write a diary entry, letter, report.	Write a speech that David Beckham would give to parents on encouraging their toddler to eat healthy.	Write about a day in the life of a famous chef? Link it to information on food poisoning and hygiene	Ashley is a cook in a nursery school. What important points should be considered when planning healthy meals for school children? Choose your own way of presenting your information.	Write an article that argues about the advantages and disadvantages of ready meals for children
Other learning style... Create your own tasks...						