



# Milford Haven School

## Anti-smoking

### Policy (Nov 2017)



1988

..... (Signed by Chair)

.....Date

This policy will be reviewed on or before the following date .....



Milford Haven School regards itself as a health-promoting organisation, and as such seeks to:

- protect the children, staff and visitors from the effects of tobacco smoke.
- provide a healthy environment for employees and students.
- acknowledge the educational role of the organisation in discouraging children and young people from starting to smoke.
- provide a positive role model in relation to smoking, which is consistent with the taught curriculum.

Milford Haven School is a non-smoking site. This policy identifies how the school will continue to maintain a smoke free environment within the school premises for the benefit of pupils, staff, visitors, parents & carers as well as members of the public. The use of e-cigarettes and vaping is considered to be the same as smoking, therefore will be treated in the same manner as smoking.

The school will continue to encourage and support students to stop smoking through PSE programmes and the work of our school based nurse.

Passive smoking is a health and safety issue for all individuals within the school. Children and young people are more susceptible than adults to the effects of passive smoking. 17,000 children under the age of five are admitted to hospital every year in the UK as a result of breathing second hand smoke. Associated illnesses include bronchitis, pneumonia, asthma and other respiratory problems.

### **Policy Strategy**

The school is designated a no-smoking site and everyone involved with the school community is expected to adhere to the Anti-smoking Policy. Those groups are:

- All staff
- Student Teachers
- Pupils
- Voluntary helpers
- Governors
- Visitors
- Contractors working on site
- Individuals using the leisure facilities
- Individuals attending an outside letting
- Individuals attending a social event

In accordance with the Schools Anti-smoking Policy, the following will apply:

### **Pupils**

- Pupils are not allowed to smoke at school or whilst engaged in any off-site activity.
- Pupils are not allowed to smoke near the school site
- Pupils should not smoke whilst travelling to or from school.

### **Staff**

- Staff are recognised `role models` and as such are required not to smoke in sight of pupils. This will include visits, school excursions etc and include all staff
- This will also apply to employees whilst exercising direct responsibility for pupils on off-site activities, e.g. in the school mini-bus, school sporting fixtures etc.

### **Visitors**

- The Anti-smoking Policy applies to all visitors to the school including suppliers, supply or temporary staff and contractors.



### **Parents and Carers**

- It will be requested that Parents and Carers adhere to the Anti-Smoking Policy and refrain from smoking on the school grounds.

### **Events**

- The Anti-smoking policy applies to all social events ☒ Where events are booked by outside agencies, all parties are to be made aware of the Anti-smoking policy

### **Pupils who are found smoking on, or near the school site**

Any pupil found smoking on, or near, the school premises will be sanctioned appropriately, in conjunction with the Positive Behaviour Policy. Parents/Carers will be informed. Pupils who are found smoking on or near the school site will also be offered further advice/support from the school based nurse or from Choices.

### **Education**

Milford Haven School educates pupils about the consequences and dangers of smoking, where issues of peer pressure and smoking are also considered by pupils. The issues surrounding the use of drugs and substance misuse are further reinforced, building upon the understanding gained from year 7 with reference to other drugs for example, alcohol. In this way smoking is referred back to and the issues around health and risk factors associated with this drug are reinforced throughout pupils' school careers.

### **PSE**

Pupils are taught specific units about tobacco and other drugs. They learn what tobacco contains and the problems and risks associated with smoking. They also consider attitudes towards smoking and peer pressure. Programmes such as discussing legal and illegal drugs and the impact on healthy lifestyles are also taught and agencies are invited in to support the delivery of these sessions, whether in assemblies, PSE lessons or PSE shut down days. Initiatives such as the 'Just B Smoke Free' run by NHS Wales are also followed and pupils are encouraged to consider the financial implications of smoking, allowing pupils to make informed choices.

### **Science**

During science lessons, pupils learn about the respiratory system and the impact smoking has on the human body. They also learn about the impact of passive smoking and look at the chemicals contained in tobacco smoke and their effect on the human body.

### **Physical Education**

During Physical Education sessions throughout key stage 3 the pupils learn about the impact of an unhealthy lifestyle including smoking and substance misuse. The GCSE course in Physical education encourages pupils to think about smoking in terms of athletes and how it could hinder their performance. It also discusses 'Drugs in Sports' and the impact upon health.

This policy will be reviewed and updated annually.

### **Useful Website / Helplines**

[http:// www.wales.nhs.uk/document/110905](http://www.wales.nhs.uk/document/110905)

<http://www.nhs.uk/livewell/smoking/Pages/Teensmokersquit.aspx>

[http://www.childrenfirst.nhs.uk/teens/life/features/health\\_illnesses/giving-up-smoking.html](http://www.childrenfirst.nhs.uk/teens/life/features/health_illnesses/giving-up-smoking.html)

<http://www.ash.org.uk/>

Anti-Smoking Help line 0800 169 0169

NHS Anti-Smoking line 0800 022 4 332